



East Riding Learning Disability Partnership Board

Minutes of the Partnership Board Meeting Held on Thursday 11th April 2013, at Worklink Resource, Cottingham

1. Present:

✓	<p>Rosy Pope (Chair) Alison Porter (Co-Chair) Liane Kirk Julie Jordan Ann Norris Julie Arnold Mrs P Glover Ian Tweddell Sally Mowatt Matthew Watson Gary Ansell Phill Sharp Peter Choules Joanne Parker Coleen Ellis David Howarth Jonathan Blackwell Simon Plater Mike Spivey Jo Dalby Carl Barron Julie Davis Jonathan Blackwell Kevin Holder Sue Christie Bernard Pieper Phill Sharp Sam Chegwin Pat Summer Louise Burton Cllr Harrap Gary Green Jackie Lown</p>	
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	Neil Griffiths Sue Dinsdale (Minutes)	
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2. Apologies

	Michael Harrison Yvonne Rhodes Rayma Crawford Eileen bird	
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Rosy and Alison welcomed everyone to the meeting today, apologies were given and introductions were made.



	<h3>3. Minutes of Previous Meeting</h3> <p>The minutes of the previous meeting (17th January 2013) were agreed as an accurate record.</p>
	<h3>4. Matters Arising</h3> <p>Autism Strategy – Rosy informed the meeting that this has now gone to Cabinet.</p> <p>Liaison Nurse – Colleen said that the suggestion at the last meeting that maybe some information about the Liaison Nurse and her contact details could go in the WE CARE carer’s magazine, has been carried out.</p>

	<h3>5. Agenda</h3> <p>Alison introduced the following presentations:</p>	
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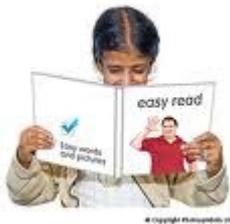
Winterbourne View Action Plan – Presentation by Sue Christie, Performance Manager, East Riding of Yorkshire Council



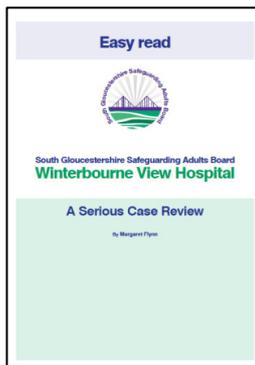
Sue explained to us that she was asked by the East Riding of Yorkshire Council to take the lead on the Winterbourne Action Plan. Sue showed a PowerPoint presentation covering the key issues of the Action Plan.



Sue said she is sure people are all now aware of Winterbourne View and the abuse which took place there and went on to briefly talk about some of the background to Winterbourne View. Sue told us how the staff members went to Court and some ended up with Community Sentences and some went to Prison.



Sue went on to tell us about 3 main reports which all say how the people living at Winterbourne View were let down. These reports can be found in an easy-read format.



Firstly there was a Serious Case Review which looked at what happened at Winterbourne View and what lessons could be learned. There was a Report that stated what needs to happen to make things better and when things need to be done by. Then there was the Concordat, which is an agreement to look at who will do what and when. The Concordat was agreed to by 50 different organisations who said they would work together to make things better. One of the things in the Concordat says that people have to be more responsible and more 'transparent' so that everyone can see what is going on at the homes for people with a learning disability.



Sue went on to say that the CQC (Care quality Commission) are visiting places to make sure all is as it should be and standards are being met.

The East Riding of Yorkshire Council have looked at



the report and the Concordat and have made an action plan to show we are looking at everything. We have then made action plans for individual organisations – such as health services or the local authority. Workshops are being run for the organisations involved to look at what happened at Winterbourne View and to look at the Action Plans.

There has been a lot of work done by the Health authority to look at how many people with a learning disability live in out of county placements, and how often they are reviewed Peter Choules and Neil Griffiths from the Health Authority will update us regarding this information at a future meeting. In the meantime, Peter has done a Winterbourne Position Statement as of February 2013 containing information up to that date regarding how many people with a learning disability were in in-patient beds both in our area and out of area. Copies of this information were on the tables at today's meeting.

Sue told us about 4 specific projects that the East Riding are looking at. These are:

- Transitions – how young people move from Children's Services to Adult Services
- Reviews – how we make reviews for people who live in care homes better
- How we support people who have difficult behaviours – and especially looking at things to do with physical interventions (restraint)
- Working together – how we can all work together better

Rosy thanked Sue for a very informative presentation, and spoke of what is being done to drive this action plan forward and ensure that all the things that we say will be done, are being done! The Partnership Board will make sure that we do everything we are tasked to do and to make sure people get regular, up to date information.



BREAK FOR QUESTIONS

David Howarth asked if these plans include people in supported living accommodation. Sue said that they do.

It was suggested that it would be a good idea for an article to go in the carers magazine WE CARE with up to date information about Winterbourne View.

Townend Court Update – Presentation by Gary Green, Humber Foundation Trust



Gary Green is the Unit Manager at Townend Court. Gary came to our meeting today to tell us of the progress of the new build. He said these are exciting times and it has been a very long journey from the first planning of the new build to the end result. Gary said everybody is delighted with the outcome and staff now want to continue to move forward with the service they provide.



Gary went on to tell us about the 3 units – Willow, Lilac and Beech, which are for Assessment, Treatment and Re-enablement. He said there are still challenges and boundaries to push. Gary also said that one of the key things with the new build has been service user input right from the start. They have been involved and consulted in all aspects of the building and here are some of the core things they have said about their involvement:



- Felt Safe
- Welcomed
- Supported
- Being involved in the process
- Listened to
- Dignity & Respect
- Being informed
- Empowered
- Understood

Gary told us about a Welcome Pack that has been designed for in-patients coming into Townend Court. Gary showed us some slides of how this guide will look, and the information in it. He said the idea of this was to try and make people less anxious and give them more of an idea of the building, what will happen on a day to day basis and the help they will get with their health when they come into Townend Court, which will hopefully help them to get better quicker.

Gary said staff are also developing an interactive Welcome Pack for an I Pad. It is hoped to provide information in different formats for people before they come into Townend Court, so they have some idea of what to expect as an in-patient. Gary said there is also a questionnaire which is sent out to people. Service users were also involved in the development of this questionnaire.



Gary ended his presentation by showing us a short film of the new Townend Court.



Rosy thanked Gary and said she likes the idea of service delivery which involves the client. Gary said it was important to add that it has taken 3 years for the development of the new Townend Court and, during this time, the Winterbourne View enquiry has happened. Gary said the Unit looked at this and made this service flexible in the light of Winterbourne and the Mid Staffordshire Hospital enquiries.

BREAK FOR QUESTIONS



Cllr Harrap asked about the kind of mental health problems people are admitted to Townend Court for. Gary said there are many reasons for admission, they are wide and varied. Ian Tweddle explained that a person is



usually admitted if they become too ill to be supported in their own home. Admission to the unit is a last resort.

People at the meeting said the new Townend Court looks very advanced and it was good that service users have been listened to in its development.

Mrs Glover asked if any people from the Old Townend Court are still there in the new build. Ian T and Gary said there was only 1 person and they will be moving on any time now.

Gary was asked about the length of stay at Townend Court. He said the maximum stay at Townend is around 3 months, but the aim is for as short a stay as possible.



People asked if the Interactive Welcome Pack is being developed for other systems other than the I Pad. Gary said it has been a huge step getting this far but he is sure it will be available in various forms of media in the future.

People asked about the age of admission into Townend and activities provided. Gary informed all that Townend Court takes people from the age of 18 years. A varied programme of sessions/activities are carried out to help with re-enablement and to suit the individual person. It is open to visitors at all times.

He went on to say that there are a wide range of activities provided by a dedicated team of activity workers – individual to the person – to support the person to get well and go back home as soon as possible, with regular reviews built in to the process.

Thanks Gary for a very informative presentation and question and answer session.



Carers Support Service – Presentation by Coleen Ellis, Acting operations Manager, Carers Services, East Riding of Yorkshire Council



THANK
YOU!



Coleen introduced herself to PB members and gave us an overview of the Carers Support Service as they are now. The Carers office can be found in Wednesday Market in Beverley and is open Monday to Thursday from 9.30.am. to 4.30.pm. and Friday 9.30.am. to 4.00.pm. Tel: 0800 917 6844 (free when calling from a landline).

Carers Support offers services to all unpaid adult carers who provide regular and substantial support to an adult who lives in the East Riding of Yorkshire, regardless of where they themselves live, who has completed the short carer's assessment, and has been entered onto the carers register.

The Carers Support Service offer:

- Information, advice and support to all carers
- Monthly drop in groups throughout the East Riding
- Freephone advice and support line - 0800 917 6844
- Quarterly newsletter "We Care"
- Activities and training courses designed to support carers in their caring role
- Stress-busting and relaxation activities

They also offer information about:

- Your rights as a carer
- Financial and legal matters
- Carers assessments and carers services in 9 different venues across the East Riding
- Local, regional and national support groups
- Health related issues
- Other organisations and services that may be useful to you.

Coleen informed us of the many other benefits of registering with the Carers Support Service, including a carers budget, where up to £200 can be paid





to the carer, if eligible, to spend on an activity for themselves. The carers support service can arrange a short break, subject to availability, either in a caravan at Southcliff caravan park in Bridlington or in a two bedroom cottage in the grounds of Sewerby Hall (for which there will be a small financial contribution per night). Subject to availability and criteria. Carers can also access a sitter service for the cared for person whilst their carer has a short break.

Coleen went on to tell us that the Carers Support Service is undergoing a review at the moment, to try and save money. Savings have been made, and there are consultations with carers going on at the moment regarding how the Carers Service can make more changes and work smarter whilst continuing to manage demand.

Coleen gave us some information about the comments from carers so far about what they want from the Carers Service. She went on to tell us of what has been done so far.



Coleen told us about a GP initiative where the Carers Service are working closely with local GP's to raise the profile of the Carers Service to encourage people to register if they are a carer.



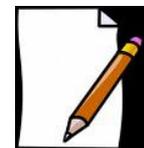
Coleen said the Carers Service has lots of plans for the future and we all wish them well with this.

Thanks Coleen for a very interesting and informative presentation.





BREAK – For discussions around the tables – Carers Support Service



Paper and pens were given out for people to write down any comments to the following questions:

- Thinking about carers who care for someone with a learning disability, is there something specific they need or that is different to the services already discussed
- What do you think carers services should look like in the future?
- What would the priorities be?

THE COMMENTS FROM THESE QUESTIONS ARE ATTACHED AT THE END OF THESE MINUTES.



6. Any Other Business

- Respite Update – Mrs Glover asked if there was any more information re. this. Rosy said she was not happy with the format of the review and has sent it back to be looked at again. **ACTION:** Rosy will make sure Mrs Glover gets a copy of the update before it is sent out to Cabinet and other Council groups etc.
- Ian Tweddell informed the meeting that within the design of Hornsea Hospital refurbishment, a changing places facility has been incorporated. He said that this can be used by other people visiting Hornsea who require this facility. It was informed that there is also a changing places facility in the newly refurbished Goole Leisure Centre. 
- David Howarth would like to contact Michaela Marr, Learning Disability Liaison Nurse at Hull Royal Infirmary, and speak with her regarding some ideas from carers about using hospitals. He asked for the Partnership Board agreement to do this. This was agreed.



The next meeting of the Partnership Board will be held on Thursday 18th July 2013, commencing at 10.30.am. at Worklink, Eppleworth Road, Cottingham.



East Riding Learning Disability Partnership Board – 17th January 2013



Comments and Questions from discussion around the tables re. the Carers Support Service



The following questions were asked:-

- **Thinking about carers who care for someone with a learning disability, is there something specific they need or that is different to the services already discussed**
 - Future provision for aging carers
 - Accessible, affordable and specific training
 - Carers respite – sitting needs to be across the spectrum, and cover all disabilities
 - More short term break facilities
 - More information – more specific training

- Where are the localised drop-in's located? (Coleen answered this question during the PB meeting)
- Is £200 the maximum Carers budget a person can apply for? (This question was answered by Coleen during the meeting)
- If 2 siblings care for a family member would they both be eligible for a Carers budget? (This question was answered by Coleen during the meeting)

- What do you think carers services should look like in the future?
 - To continue to move forward
 - Continue to listen to carers

- What would the priorities be?
 - Emergency response team