Explore the

East Riding Coast

Enjoying the Coast Safely
INTRODUCTION

The stunning East Riding Coast stretches all the way from Bempton Cliffs in the North to the National Nature Reserve and unique coastal feature of Spurn Head. A walk along Spurn, one of the UK’s most fascinating landscapes, pushing three and a half miles out across the mouth of the Humber Estuary, is a bracing walk indeed, exposed as you are to the North Sea. Spurn Point is a popular site for migratory birds, perfect for birdwatching opportunities.

Bridlington is the ever-popular seaside resort and offers a host of activities for all the family come rain or shine. Traditional or modern – you will find all tastes catered for here together with a long-lasting appeal for visitors young and old.

The picturesque beaches of the East Riding Coast continue south of Bridlington at Hornsea and Withernsea. Both are popular seaside holiday resorts and Hornsea also holds Keep Britain Tidy award status. Hornsea serves as a more peaceful base compared to Bridlington’s bustle but attractions are numerous.

Hornsea’s particular edge is its freshwater lake called Hornsea Mere. It is the largest freshwater lake in Yorkshire and is both a popular destination for bird watchers and a site for gentle water-sports such as rowing, fishing and sailing.

Withernsea’s seaside promenade offers a host of amusements and the Pavilion Leisure Centre is seeing extensive renovations and promises a choice of swimming and leisure facilities. Withernsea’s famous inland lighthouse is now a museum. Built as a response to the numerous shipwrecks happening off Spurn Point, the lighthouse hosts exhibits about the Royal National Lifeboat Institution (RNLI) and local history.

Bridlington Park and Ride service will commence from April until the last Sunday in September.

For further information on the Foreshores please contact us through our email address: foreshores@eastriding.gov.uk

Some of the pictures contained in this booklet are entries from Sewerby Hall and Gardens’ Coast, Sea and Sky amateur photographic competition. For further details please visit www.eastriding.gov.uk/sewerby

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Exploring East Riding’s beaches is a source of endless enjoyment for everyone. Please leave nothing but your footprint behind.

BEACH USERS – SAFETY ADVICE

- Read the safety/public sign/bathing flag notices. They are there for your safety.
- Where lifeguards operate you are required to follow their instructions and advice.
- Respect the beaches/coastline and other people using the area.
- Check the tide times and the weather forecast before your visit and be aware of your access and exit from the beach.
- The sun’s rays can be intensified by the sea and can cause certain forms of skin cancer. Avoid exposure to the sun by protecting sensitive areas, use plenty of sunscreen and wear an appropriate hat.
- For your health and safety do not enter the sea or remain on any part of the beach designated as a boat-launching channel.
- Do not obstruct the launch access of the lifeboats at Bridlington, Flamborough, Withernsea or Hornsea’s inshore rescue boat.
- Motorcycles, quad bikes and other off road vehicles are not permitted on any beach.
- The lighting of fires, gas stoves or gas barbecues should not take place and permits to stage special events are issued via the foreshore office.
- Report any suspicious items to the coastguard/police, e.g. munitions, pollution or unidentified objects that may have washed ashore. For your own safety do not touch them.

THE SEASHORE CODE

- Leave seashore creatures where you find them. Some have shells for protection but many hide under rocks, seaweed or in the sand. Do not collect living plants or animals.
- Take care when touching soft-bodied creatures.
- Carefully lift and replace any rocks you move, as small creatures need them for shelter.
- Leave seaweed in place.
- Do not trample through rock pools.
- Only collect empty seashells and then only a few.
- Leave pebbles and rocks on the beach. Do not collect them for your garden.
- Approaching wildlife may be dangerous e.g. seals can bite.
- Watch seabirds from a distance through binoculars.
- Take photographs home as long lasting souvenirs of the wonders of nature that occurs along the East Yorkshire coast.
This is the first No Take Zone within the North Sea, and only the third in the UK, so is an important step for marine conservation.

A No Take Zone means exactly that – you cannot remove anything from within the zone, either above or below the high tidemark: shellfish, including shellfish, and all plants and animals have to be left where they are.

This is enforced by a bylaw of the North Eastern Inshore Fisheries and Conservation Authority, which was approved by the Fisheries Minister in July 2010.

You’re welcome to examine fossils or ramble and look through the rockpools, but please take care and leave everything as you found it.

For more information please contact the Flamborough head project officer on (01482) 393694, or visit: www.ne-ifca.gov.uk
EAST RIDING OF YORKSHIRE RURAL BEACH ACCESS POINTS

The East Riding of Yorkshire coastline is diverse in its make up, stretching from the chalk cliffs of Bempton and Flamborough Head, through to the Holderness plain with boulder clay and sandy dunes and then along to the wetlands of the Humber Estuary.

If you fancy something a little different from the traditional seaside towns of Bridlington, Hornsea and Withernsea, try visiting some of the alternative rural beaches, using the following access points, to explore our beautiful coast and many varied habitats. Many of the access points listed have been adopted by volunteers and local community groups. Many sites enjoy frequent beach clean up events, as part of an environmentally friendly initiative in conjunction with the Marine Conservation Society and Keep Britain Tidy, supported by local town and parish councils. As a result several have been awarded a Rural Beach Award in the past and some have been awarded a Quality Coast Award. At some sites you will find a host of information about the area, posted on notice boards together with other local information and contact numbers, to assist in seeking further information or to report vandalism, erosion and debris.

Regrettfully, not all sites have car parking and some sites have a small charge. It is advised that you check in advance and be mindful not to obstruct access or egress from the area. Remember to secure all valuables and please be kind to animals – do not leave your dog in the car. Please keep animals under control at all times remembering you are in a rural area that can contain wildlife and sometimes farm animals. Dog restrictions are in place in some areas.

Please do not obstruct farm gates or private access ways and if you should go walking along the cliff tops, follow the country code. Much of the land around these areas is private land (see Walking the Riding on the council website). Should you decide to take a stroll along the many miles of cliff top or coastal paths you need to be mindful of erosion and the effects this can have on access points to some beaches and walkways. Always wear sensible clothing and footwear.

Along footpaths and at various viewing points around rural beaches, you will come across marker/identification/location posts, marked ‘East Riding of Yorkshire Council’ and a number. The coastguard have records of exactly where these marker posts are and are used to identify a particular location for all emergency services. Should you identify a problem, incident or wish to report something to anyone, dial 999 asking for the coastguard, quoting the post number and explaining where from the point the problem has arisen. This will assist in ensuring a prompt and accurate response from the emergency services.

Please be safe:
• Do not take short cuts.
• Always watch the tide.
• Sea defences are for protection and not for playing on.
• Respect the beach and surrounding areas.
• Take care with what you touch or pick up on the beach.
• Always report problems.

Certain areas and parts of the coastline suffer from the effects of erosion. Be aware and take care at all times.

COASTAL WALKS AND ACCESS

East Riding of Yorkshire Council offers some beautiful and diverse coastal walks, many with access to beach and or coastal views, from Bempton cliffs in the north to Spurn Point in the south.

Visit the council website (A to Z – Foreshores) for information and details on the Coastal Safety marker posts and emergency contacts.

SAFETY ADVICE

• Keep well away from all cliff edges as they may be dangerously undercut by erosion.
• Do not walk at the foot of chalk cliffs as they are unstable and rocks/debris may fall.
• Do not climb chalk cliffs as they are unstable and may crumble.
• Do not climb low clay cliffs, as they can be dangerous when wet.
• Beware of being trapped by incoming tides.
• Treat all cliffs as dangerous areas. Children and pets should be supervised and kept under control at all times.
• Please keep dogs on leads when walking on cliff tops.
**COASTAL ACCESS POINTS**

**BEMPTON CLIFFS**
Grid ref: S51962 473858
Marker post No. 5
Parking for 200 cars within the RSPB's car park. Charge to non-members. RSPB facilities open at specific times, check the website. Dramatic cliff top environment with no access to beach.

**THORNWICK BAY**
Grid ref: S52357 472009
Marker post No. 9
Parking for about 20 cars (a charge for parking may apply). Refreshments available during the summer. Access to the beach is via a very rough track subject to the effects of coastal erosion. Extreme care is required in the area, not suitable for young children or the infirm.

**FLAMBOROUGH NORTH LANDING**
Grid ref: S52387 471945
Marker post No. 11
Parking for 150 cars. Small charge during the summer. Toilets (closed during the winter), café restaurant/hotel.

**FLAMBOROUGH SOUTH LANDING BEACH AND LOCAL NATURE RESERVE**
Grid ref: 453050 469522
Parking for 100 cars on upper level, there is a charge. No Parking at lower level except for RNLI and permit holders (fixed penalty charge). Designated Bathing Beach and Seaside Award area. Sculpture trail on upper level, access to beach via the cliff top path and steps or road from the car park. Low tide rock pools.

**SEVERBY STEPS BEACH ACCESS**
Grid ref: S520189 468702
Marker post No. 20
Parking for 200 cars at Limke Lane. Clifftop car park (charges apply). There is a cliff top path from Bridlington to Severby steps. During the summer season use the Land Train service from central Bridlington to Severby Hall and Gardens/zoos and children's play area are well worth a visit.

**WILSTHORPE**
Grid ref: S517269 465045
Marker post No. 21
Pay and Display car park. (closed during the winter). Designated Bathing Beach with toilets available all year round. Café facilities during the summer period. Access to the beach is via the concrete slipway. Other recreational activities in the area include boat launching, horse riding and kiting etc.

**FRAISTHORPE**
Grid ref: S516959 462788
Marker post No. 22
Vehicle access via private property. Parking for 80 cars. There is a charge. Toilets open all year round. Small shop open during the summer school holiday periods and some weekends – with adjacent picnic benches in grassed woodland area. Designated Bathing Beach and Royal Seaside Award. There are many trails here with an abundance of natural flora and fauna. Several tree trails are worth exploring. Take care with steps. Some walks may not be suitable for small children. Beach access is via a paved step pathway which is affected by water and debris which has run off from steep banks at either side.

**DANES DYKE BEACH AND LOCAL NATURE RESERVE**
Grid ref: S521537 469503
Parking for 80 cars. There is a charge. Toilets open all year round. Small shop open during the summer school holiday periods and some weekends – with adjacent picnic benches in grassed woodland area. Designated Bathing Beach and Royal Seaside Award. There are many trails here with an abundance of natural flora and fauna. Several tree trails are worth exploring. Take care with steps. Some walks may not be suitable for small children. Beach access is via a paved step pathway which is affected by water and debris which has run off from steep banks at either side.

**BARSTON**
Grid ref: S517047 459372
Marker post No. 23
Limited roadside parking. This Designated Bathing Beach has won a Rural Beach Seaside Award. Access to the beach can be gained from the north and south of Barston. The sandy cliffs accommodate Sand Martins from April to September. Further information about this site can be found on the nearby notice board.

**NORTH CLIFF, HORNSEA**
Grid ref: S520674 448598
Marker post No. 28
Free parking on Morrow Avenue for 60 cars. Access to the beach is via a set of steps at the northern most end of Hornsea Promenade. Toilets and other amenities on the central promenade near Marine Hotel.

**MAPPLETON**
Grid ref: S522775 443804
Marker post No. 32
Free parking for 50 cars but be aware of cliff top erosion in the car park. Toilets open all year round. Access to the beach is via a tarmac slipway with a fairly steep incline. A lovely stretch of sandy beach between two granite rock breakwaters. Ideal for families and popular for all beach activities. You can have fun hunting for fossils washed out of the cliff but be aware of tide times and steep clay boulder cliffs.

**SEASIDE LANE, TUNSTALL**
Grid ref: S531347 431784
Marker post No. 34
Roadside parking. Designated Bathing Beach with Rural Beach Seaside Award. Access to the beach is via a natural sandy slipway. To the north is Cowden beach which forms part of RAF Cowden ranges. Care should be exercised with objects on the beach as items from the testing range and World War II have surfaced in the past. Information board and site details are available at this location.

**SPURN NATIONAL NATURE RESERVE**
Grid ref: S540179 411128
The reserve is owned and managed by the Yorkshire Wildlife Trust (YWT). There is an entrance fee per car for new members. Access is by a single-track road with passing points. Parking is allowed in designated areas at various locations. There are toilets and during the summer months, refreshments are available. Dogs are NOT allowed on the YWT site at any time and must be kept on a lead whilst using East Riding of Yorkshire Council public rights of way in the area. The protection of wildlife habitats and wetlands offers opportunity for bird watching and other pursuits.

**HESSELE FORESHORE**
Grid ref: S502222 425484
Free parking for 100 cars along the Foreshore and at the Old Black Mill. Toilets next to the Black Mill with small children's play area, the Humber Rescue Boat House and restaurant/hotel in close proximity. Dogs must be on a lead at all times. Riverside walks, with views of the Humber Bridge and river traffic from the water's edge. Adjacent to the Foreshore is the Humber Bridge Country Park, several acres of natural fauna and flora accessed by a network of footpaths with family picnic areas. The area is also a great place to explore the Wolds Way or Trans Pennine Trail both of which are linked to the park and foreshore.
The cliffs are recognised by the Royal Society for the Protection of Birds (RSPB) as one of the best places to see breeding seabirds in their natural environment. The sights and sounds of over 200,000 seabirds nesting on the 400 foot rock face is totally unique and is the only mainland breeding site of the Gannet in the United Kingdom.

The triangular headland pointing out into the North Sea is an extension of the Yorkshire Wolds and the most northerly outcrop of chalk in Europe. The combination of hard chalk overlain by glacial material gives rise to a coastal landscape type found nowhere else in Britain. Together with the North Sea, these factors give rise to the presence of wildlife habitats and communities that have unique characteristics.

Located on the magnificent Flamborough Headland overlooking Bridlington Bay, South Landing beach is a beautiful expanse of sand and chalk pebbles. It is a perfect spot for a family day out where you can have a picnic, then explore the rock pools or sit and watch the seabirds on the wing.

From the beach, east of Sewerby steps is the “buried cliff”. The cliff turns from clay to chalk topped by clay. The chalk section is the old cliff line and ran inland to Driffield and south to Hessle. During the last Ice Age, glaciers swept over Holderness depositing debris along and on top of the former chalk coastline.

The North Beach has been awarded the prestigious, internationally recognised Blue Flag. Behind the beach is the beautifully restored Edwardian North Promenade where you can relax at your favourite beach café, let your hair down at the funfair, or stroll down to the harbour.

The harbour has provision for berthing in cradles and laying down moorings. Apart from the leisure aspect of boating, the harbour also provides facilities for the large fishing fleet specialised in catching crabs and lobsters. For more information, contact the harbour office on (01262) 670148.

This extensive sandy beach overlooks Bridlington Bay. Visitors can enjoy a wide range of traditional seaside activities with the facilities of the town and harbour only a short walk away. The newly refurbished Spa is nearby.
Anti-tank blocks can be found on the beach near the medieval village of Wilsthorpe. There is very little cliff here and much of the farmland is only a couple of metres above sea level. The area is now constantly threatened by the North Sea and was thought extremely vulnerable to enemy attack during World War II so was heavily fortified.

This long sandy beach is ideal for wind and kite surfers because the water is shallow a long way out. Also, this location receives more wind than many other sites along the same stretch of coast because the sand dunes are lower so they cast less of a wind shadow.

Hornsea beach has a newly developed promenade along the landward side. To the north can be seen the picturesque Flamborough Headland, stretching away to the south the golden sands of the East Riding coast. Hornsea beach is ideal for building sand castles, kite flying or just relaxing. The beach can be the start or finishing point of the Trans Pennine Trail which passes close to Hornsea Mere, the largest fresh water lake in Yorkshire.

Mappleton is a village and civil parish in the East Riding of Yorkshire. It is situated on the North Sea coastline in an area known as Holderness and lies approximately three miles (4.8 km) south of the seaside resort of Hornsea. In 1991, sea defences were built in order to protect the village from intense sea erosion that had threatened it – Holderness is one of the most rapidly eroding areas of the UK. The cliffs had been eroded at a rate of 3.2 yards (2.9 m) per year.

Barmston beach is a wonderful stretch of beach which people walk to get away from the hustle and bustle of modern day life.

The flat beach is ideal for watching seabirds on the wing and during the summer the low clay cliffs are home to sand martins which can be seen flying in and out of the cliffs where they nest.

Skipsea beach is a long narrow stretch of sand that has long been popular with residents and holiday makers for taking long walks or watching sea birds on the wing. Its rural location means it is ideal for those looking for a quieter beach with a relaxing atmosphere.

Withernsea, made popular after the building of the railway in 1854. With the demise of the railway the quiet beach now offers fun and entertainment for the whole family. Overlooking the beach is the old lighthouse, unusually built in the centre of the resort. The golden beaches stretch North along the East Riding Coast and South to Spurn Point and the River Humber.

The sand at Spurn Point peninsula stretches southwards for approximately three and a half miles into the mouth of the Humber Estuary, with sandy beaches and the North Sea on its eastern side, and areas of salt marsh and extensive mudflats that attract thousands of birds, on its western side. Spurn has been created and is sustained by coastal processes, which feed it with sand, cobbles and silt. Because of this, it is a dynamic and changeable site, often described as one of the oddest places in England.
All the beaches, promenades and slipways in Bridlington, other than the Harbour, are owned by and are under the control of East Riding of Yorkshire Council.

Bridlington Bay boat launch – (01262) 400841
Hornsea boat launch – (01964) 533116
Harbour masters office – (01262) 670148/149

All boats fishing must abide by the Sea Fisheries Regulations set out in the North Eastern Inshore Fisheries and Conservation Authority byelaws.

RULES FOR THE LAUNCHING OF VESSELS

Rules for the launching of vessels and the operation of said vessels from East Riding of Yorkshire Council launch controlled slipway at Belvedere, Bridlington, and Hornsea.

N.B. Vessels are those that are capable of supporting one or more persons on water and having a mechanical device capable of giving propulsion.

OR Any vessel capable of supporting one or more persons on water that is greater in size than a Topper style dinghy, windsurfer board or small inflatable, including jetskis.

ALL VESSELS MUST BE COVERED BY PUBLIC LIABILITY INSURANCE FOR AT LEAST £2m.

WARNING: Salmon/Bass nets are used throughout the year near the beaches. The nets extend about 360 metres seaward from the beach. Persons in charge of vessels must keep a sharp look out for such nets, must not go inside the area of the nets, and keep well to the seaward side of them.

Should notification be received from H.M. Coastguard that conditions are likely to become dangerous, a red flag will be flown at Belvedere, Hornsea or Withernsea boat launch. From Bridlington Harbour a storm cone or blue and white chequered flag must also be accepted as a warning of dangerous conditions.

GENERAL INFORMATION

Persons using the vessel launching facilities at Belvedere and Hornsea do so at their own risk. The council will accept no liability for claims, proceedings, damages, charges and costs however caused, whether in relation to property or the death or injury to any persons. Whether in contract or tort in other manner, directly or indirectly as a result or in connection with the boat launching facilities insofar as the same results from the negligence of the council, its employees or agents.

These conditions may be suspended, varied or withdrawn at any time by the council. Any permit issued may be withdrawn or cancelled forthwith should the person to whom it is issued be in breach of any of the conditions set out in this document.

BOAT COMPOUNDS – REGULATIONS FOR SECURITY OF CONTENTS

Owners must inform the boat launching facility operators with prior notification of their intentions to move, sail or remove boats.

For safety and environmental reasons, a byelaw is in force to restrict the speed of all vessels. Boats and jet skis should not exceed eight knots within 300 metres of the tide edge.

BOATS AND JET SKIS

- All launching of vessels must take place from the designated launch sites at Bridlington Belvedere or Hornsea boat compounds in accordance with the rules and regulations of East Riding of Yorkshire Council, unless you have written permission from the council to do otherwise.
- All vessels must have insurance and the mandatory safety equipment.
- Before launching check the local tides and shipping weather forecasts.
- Always let someone know where you are going and the anticipated duration of your trip.
- All vessels/jet skis must be under the control/command of an adult and used in a safe and responsible manner with due respect and consideration for the safety of others.
WATER SAFETY

• Only swim between the red and yellow flags when there are lifeguards on duty.
• Do not swim when the red flag is flying or when requested not to do so by lifeguards, coastguards or council foreshore officers.
• Swim within your capabilities and always parallel to the beach.
• Do not swim when the red flag is flying or when requested not to do so by lifeguards, coastguards or council foreshore officers.
• Do not swim within a short period after eating a meal.
• Swim with others – never alone.
• Swim only where it is safe to do so avoiding rocks and breakwaters or other man-made structures.
• Do not swim under the influence of alcohol or drugs.
• Supervise children on the beach or in the water at all times.
• Do not use inflatable rings or other inflatable toys in the sea.
• Beware when diving into the sea as water depth can change and the water may cover objects.

Please visit: www.rnli.org.uk for further information.

TOMBSTONING OR JUMPING FROM HEIGHT INTO THE SEA

It is strongly recommended that you DO NOT jump from a height into the sea. However, if you choose to do so please assess the risks and hazards and consider the following:

• Never jump from any object into the sea whilst under peer pressure, the influence of alcohol or drugs.
• Check the depth of the water you are jumping into. Remember tides can go in and out very quickly so while it may start off deep enough it can soon become shallow.
• Check for hazards in the water you are jumping into. Rocks and groynes under the sea may not be visible through the surface – but you will certainly feel them if you jump onto them.

INFLATABLE BOATS, BEDS AND TUBES

• The use of such inflatables is not encouraged.
• These items have contributed towards several tragedies around the British coastline.
• The tides on the East Coast can be very unpredictable and with an offshore wind, inflatables can quickly be carried out to sea.
• Children should not be left unsupervised.

Remember the sea is not a swimming pool and depth and currents can change quickly. Never allow yourself to get out of your depth.
**WEAVER FISH**
(approximately 14cm long):
Can be a potential hazard. It is found all around the coast of the United Kingdom in areas with warm shallow water and a sandy beach. The fish buries itself in the sand leaving only its head and black dorsal fin visible in order to surprise its prey.

Each year a small number of people are stung when standing on the dorsal fin of a weaver fish whilst paddling.

The sting feels like a sharp stab and is very painful but will not leave any permanent damage. The best treatment is to place the affected foot in a bowl of hot water until the pain subsides. The heat helps to break down the poison and also increases the blood flow to the sting aiding natural healing.

Bridlington, Hornsea and Withernsea all have First Aid posts (April to September) where help and advice can be sought. Seek medical advice if you have any concerns. To avoid the risk of being stung it is advisable to wear beach/jelly shoes when paddling.

**JELLY FISH**:

Can also be a potential hazard as they are occasionally found along the coast. If one stings you do not rub the affected area, as this will cause more pain. Spray the area with cold seawater and apply ice (if available). Bridlington, Hornsea and Withernsea all have First Aid posts (April to September) where medical advice can be sought. Seek medical advice if you have any concerns.

**BARREL JELLYFISH**: *rhizostoma octopus*
Common. Up to 100cm in diameter. This large jellyfish has eight long tentacles, hence the name “octopus”. Usually harmless, but can sometimes cause a minor sting.

**BLUE JELLYFISH**: *cyanea lamarckii*
Fairly rare. Approximately 30cm in diameter. Usually harmless, but can sometimes cause a minor sting.

**PORTUGUESE MAN-OF-WAR**: *physalia physalis*
Rare. Up to 30cm in length on top part of body and about 15cm in height out of the water. It’s tentacles can cause painful lesions to the skin.

**COMPASS JELLYFISH**: *chrysorara hyoscella*
Common. Approximately 30cm in diameter. Usually harmless, but can sometimes cause a minor sting.

**LION’S MANE JELLYFISH**: *cyanea capillata*
Common. 50cm in diameter. Usually harmless but can occasionally cause a painful sting.

**DOGS**

• Dog control byelaws are in place on the main resort beaches and a seasonal dog ban (1 May to 30 September) applies to the exercising of dogs on the award-winning beaches at Hornsea and Withernsea.

• Please keep your dog on a lead on all promenades.

• Under the Dog Control Order Act 2006 and the Dogs (Fouling of Land Act 1996) “it is an offence for anyone in charge of a dog to fail to clean up after it has fouled designated land”.

• Please be a responsible dog owner - remember that dogs are affected by hot weather and can intimidate young children playing. Keep your dog on a lead and under control.

Clean up after your dog - bag it and bin it!

A person in charge of a dog shall be guilty of an offence if, during the period specified (from 1 May - 30 September), he takes a dog onto or permits a dog to enter or to remain on, any of the beaches detailed below:

• Bridlington North Beach
• Bridlington South Beach
• Hornsea Beach
• Withernsea Beach

In the first instance this offence may be dealt with by way of a fixed penalty notice of £75. Where offenders fail to pay the fixed penalty notice further legal action may be taken against the person in control of the dog at the time of the offence.

**HORSES**

• Observe local byelaws and regulations on rights of access. Follow the country code at all times.

• Horses are not allowed access to and may not be ridden on the award winning beaches of Bridlington, Hornsea or Withernsea (see information notices).

• Riders/owners should check the area they are using for hidden dangers in the sand and water. Extended gallops or racing is not permitted in any area.

• Horse owners are requested not to use the beaches when they are busy and be aware of other activities in the area. Riders should dismount and horses should be walked when near other beach users and boat launching areas.

For up to date byelaw information visit the East Riding of Yorkshire Council website www.eastriding.gov.uk
Anglers are asked to follow the Angling Trust Conservation Code of Conduct for Sea Anglers.

- Do not discard line, hooks or any other tackle.
- For health and safety reasons fishing with a rod and line from the Bridlington Promenade, Bridlington North, Bridlington South, Hornsea and Withernsea award-winning beaches is not permitted from 1 May to the 30 September.
- Fishing with fixed engine/nets on any East Riding beach is not permitted unless the fisherman is the holder of a licence from the Environment Agency or the North Eastern Inshore Fisheries and Conservation Authority Committee together with the written permission of East Riding of Yorkshire Council to carry out such activity.
- Any equipment found on the beach without permission and/or incorrectly anchored will be confiscated and the owner will incur costs for the return of such items.

CONVENTIONAL HAND KITES, POWER AND SURF KITING

These hobbies are dangerous for both participants and other beach users so care should be exercised when in the vicinity of flying kites irrespective of size. Parents are required to supervise young persons for their own safety as well as that of others.

Please adopt the British Buggy Club safety Guidelines and the code of conduct which cover kite buggying, kite land boarding, power kiting and kite surfing.

Anyone using these power and surf kites/buggys must hold current and specific third party insurance.

- Always obey signs, local byelaws, or the directions of landowners, officers of the council or coastguards.
- All flyers must assess the risks and hazards prior to each launch and take account of structures and other beach or water users.
- An experienced adult must supervise all children and learners.
- It is advisable to wear appropriate safety equipment.
- Give way to any horse riders and pedestrians by keeping a safe distance from them.
- Respect and observe the rights of all other beach users.

METAL-DETECTING

- Everyone beach combing or using metal detecting equipment should familiarise themselves with the law concerning protected sites and follow the current advice on the handling, care and storage of archaeological objects.
- Minimise any ground/sand disturbance and follow the code of practice issued for metal detecting in England and Wales.
- Call the Police and coastguard and notify them if you find anything that may be suspicious or dangerous.

For further information about obtaining a metal-detecting licence visit the crown estate website www.thecrownestate.co.uk/metal-detecting

Digging or disturbing the beach around boat/RNLI launching areas is not permitted for health and safety reasons.

QUADS, MOTORCYCLES AND VEHICLES

No mechanical-powered vehicles are allowed on East Riding’s beaches or associated dunes without written permission. Any vehicles without permission that access these areas will be deemed in breach of the law and may be prosecuted.
HORNSEA

Between the sun rising out of the North Sea and setting spectacularly over the Mere lies the picturesque town of Hornsea offering all the pleasures of a seaside resort.

At the eastern edge of the town lies the sea with a very attractive, award-winning promenade area, and a fine sandy beach. To the north of the promenade lies the Floral Hall. The southern end of the promenade features an array of amusement arcades and children’s rides. Hornsea leisure centre boasts a full size swimming pool, children’s pool, squash courts, sauna and steam rooms, exercise facilities, functions rooms and a café and bar. Towards the town centre are the Memorial Gardens – a sheltered, quiet and restful seated area guarded by two famous lions rescued from a cinema in Hull.

To the southwest is Hornsea Mere, Yorkshire’s largest freshwater lake covering many acres. At this Site of Special Scientific Interest you can enjoy rowing, sailing, fishing, motorboat trips and pitch and putt. Bird watchers will be in their element too.

The pier was frequently damaged by passing ships until finally being destroyed by a ship called Henry Parr, which ran into it during a great storm on the 22 of November 1893. The beach provides plenty of fun for everyone, young and old. There is an excellent selection of shops in Queen Street and around the town. The Market has a varied array of stalls and what seaside resort would be complete without the amusement arcades including video game technology, bowling alley and an indoor adventure play area. Eating out provides many options in the friendly pubs, restaurant cafes and takeaways.

WITHERNSEA

Withernsea is a very traditional resort and boasts an attractive seafront with a promenade, ornamental garden areas, play areas and an open-air stage for summer family entertainment. The Pavilion Leisure Centre and Lighthouse Museum also offer excellent facilities.

The Pier Towers on the promenade are the last surviving parts of the once-proud 19th century pier.

BRIDLINGTON

Bridlington is a superb holiday base, one of the best for families in Yorkshire, and is packed with fun seaside activities for the kids. Bridlington’s fine promenade is crammed with kids’ rides and amusements and the town lays claim to two award-winning sandy beaches which straddle either side of Bridlington’s harbour. Bridlington’s Blue Flag North Beach and South Beach have been accredited with Keep Britain Tidy Awards.

Bridlington’s historic harbour area bustles in summer and hints at its extensive fishing heritage. The Old Town further boosts its appeal. Bridlington also offers easy access to coastal walking around Flamborough Head and for visits to Bempton Cliffs RSPB reserve. Flamborough Headland, with its dramatic chalk cliffs reaching up to 130 metres at Bempton, is one of England’s treasured designated heritage coasts.
SPURN POINT
NATURE RESERVE

Spurn Point is one of the most striking features of Britain’s coastline, stretching for three and a half miles across the Humber Estuary. This curving spit is only 50 metres wide in places, making it look like an elongated tongue.

Spurn is made up of a series of sand and shingle banks held together by Marram grass and Sea Buckthorn.

There is a series of sea defence works built by the Victorians and subsequently maintained by the Ministry of Defence until they sold Spurn Point to the Yorkshire Wildlife Trust in the 1950s.

Spurn’s environment is very fragile and is open to the ravages of the North Sea. Spurn Point is an important wildlife haven for migrant birds, lizards, roe deer and numerous species of insects.

Fossil hunting is popular with an abundance of fossils to be found amongst the pebbles on the beach. No dogs are permitted on the reserve, parking is free to members.

www.ywt.org.uk/spurn_point

RSPB BEMPTON CLIFFS

Every spring, hundreds of thousands of birds, such as puffins and gannets, flock to the giant seabird city that is the RSPB’s nature reserve at Bempton Cliffs. Between March and October, driven by the urge to raise a family, they leave the sea and head back to these awe-inspiring cliffs to begin their life-or-death struggle to bring up their young.

From the cliff-top path and the special viewpoints, you can experience the sights, the sounds – and the smells – of life in one of the UK’s largest and most important seabird colonies.

www.rspb.org.uk/bemptoncliffs

FLAMBOROUGH HEAD STORYBOARDS

The Storyboard Project was led by Yorkshire Wildlife Trust and developed by the Flamborough Head Environmental Assets Partnership with the aim of improving interpretation around the headland in a consistent way, to develop a linked “story-line” to reveal the full richness of the area.

There are nine storyboards situated around the headland, each depicting one of the themes relevant to the natural and cultural heritage of the area: seabirds, geology, fishing, farming and wildlife, migration, the lighthouse and shipping, history, marine wildlife, and archaeology. These boards can be enjoyed individually or linked together in a walk around the headland.

In conjunction with the Storyboard Project, a Flamborough Head European Marine Site website has been launched. Here you can find suggested walking trails which link the storyboards together, and podcasts which can be downloaded to your MP3 player or mobile phone to listen to whilst enjoying a storyboard walk.

www.flamboroughheadsac.org.uk/storyboards

NORTH EASTERN INSHORE FISHERIES AND CONSERVATION AUTHORITY

The North Eastern Inshore Fisheries and Conservation Authority (NEIFCA) regulates and manages the exploitation of sea fisheries resources within its district, which extends from South Tyne Pier to the North East Lincolnshire administrative border, and six nautical miles out to sea. NEIFCA is responsible for issuing permits for fishing and creating byelaws for the management and conservation of fisheries, both commercial and recreational. These byelaws can apply to all fishing activities, from both the shore and from vessels.

NEIFCA’s vision is “to lead, champion and manage a sustainable marine environment and inshore fisheries, by successfully securing the right balance between social, environmental and economic benefits to ensure healthy seas, sustainable fisheries and a viable industry.”

www.ne-ifca.gov.uk
PARKRUN

Sewerby Parkrun is a free weekly 5km event for runners of all standards, which takes place every Saturday 9am at Sewerby Hall and Gardens.

It offers an opportunity for all the local community to come together on a regular basis to enjoy this beautiful park and get physically active. People are encouraged to jog or run together irrespective of their ability – this event is truly open to all and best of all it really is FREE!

Taking part is easy – just register in advance by 6pm on the Friday before your first ever Parkrun at www.parkrun.org.uk/sewerby.

The great thing is that you only ever need to do this once! So whether you are a complete novice looking to get yourself started on your own “running journey” or a seasoned athlete wanting to use this as a part of your training schedule, you’re welcome to come along and join us.

For further information contact Sewerby Hall and Gardens Tel: (01262) 673769

BEACH VOLLEYBALL

Two semi permanent beach volleyball courts provided by England Volleyball are located on Bridlington South Beach, in front of the South cliff chalets and the South Beach north, in front of the Foreshores office.

As part of the Go Spike project, why not come and try one of the best beach sports around – Beach Volleyball!

The use of the nets is free with equipment hire available at the Foreshores offices (deposit required)

The annual Bridlington Open Volleyball Championship tournament, usually held in July, is one of the largest beach tournaments in the UK. Over 100 teams compete over the weekend in a men’s, women’s and mixed pairs 2-a-side knockout competition.

The event is free to spectators so come along and see some fantastic players showcase their skills

For more information call the Foreshores Office on (01262) 678255 or visit www.eyeevents.co.uk/events/volleyball/

ADIZONE

As part of the Olympic legacy in the East Riding of Yorkshire, the adiZone is a free outdoor multi use sports facility including an outdoor gym, climbing wall, basketball court and football goals designed in the shape of the London 2012 logo.

All the equipment is available 24 hours a day, 365 days a year and is specially designed to get more people and families into sport and physical activity.

The adiZone is situated between Headlands Secondary and Martongate Primary Schools. Why not come and give it a go! The facility is FREE to use, no need to book just turn up.

BEACH SPORTS FESTIVAL

The Beach Sports Festival is an annual event which is inspired by the London 2012 Olympic and Paralympic Games.

Activities include Volleyball, Football, Rugby Union, Cricket, Basketball, Netball, Tri Golf, Disc Golf and much more!

A range of Beach Sports activities will also take place throughout the year on Bridlington’s South Beach. These will include evening volleyball sessions, table tennis and weekly beach sport ‘Schools Out’ sessions for young people which take place over the summer holidays, run by East Riding of Yorkshire Council’s Sport, Play and Arts Service.

Most activities are free of charge however a small charge will apply to ‘Schools Out’ sessions.

For more information on any of the above activities please contact the Foreshores Office on (01262) 678255 or Sport, Play and Arts on (01482) 392514.
BRIDLINGTON PARK AND RIDE

Bridlington Park and Ride is situated approximately a mile to the south of Bridlington resort at South Cliff car park. Whilst this car park gives direct access to the beach and other facilities it also provides a Park and Ride service, operating throughout the summer until the end of October.

The cost is £3.50 for all-day parking or part thereof for all classes, including disabled drivers. This includes transport into Bridlington and the return trip for up to seven persons. Two types of transport are available to visitors - the Spa Light Explorer Coach or the Spa Light Express Land Train.

Transport links to the town start at 9am, with the last coach leaving the harbour top location at 6:15pm. The land train service will usually finish before 6pm but check exact details on the day.

FLAMBOROUGH HEAD LIGHTHOUSE

Flamborough Head Lighthouse is located approximately one mile away from the village of Flamborough. At the lighthouse, guided tours are available providing useful and interesting information on how the lighthouse operates. Climb the 119 steps to the top of the Lighthouse to see the wonderful views over Bridlington Bay and the Heritage Coast.

Sewerby Hall and Gardens staff conduct guided tours from April until October between 11am and 4pm. Seasonal variations apply. The tours last approximately 20 minutes.

For more information about the tours and the lighthouse, please contact Sewerby Hall on (01262) 673769.

MARINE PLANNING

The Marine Management Organisation (MMO) has been planning for the East Inshore and East Offshore plan areas — including around East Riding of Yorkshire - since April 2011 and work is well underway.

England’s marine area is becoming increasingly crowded and there is a huge demand on space for activities and designations. Having a well-designed planning system will allow us to coherently take into account all the competing uses of our seas.

They will inform and guide marine regulators and users across England, enabling the sustainable development of marine industries, such as wind farms, fishing and oil and gas exploration, while considering the need to conserve and protect marine species and habitats.

Communities will have the opportunity to help define future activities in the marine areas near them — to learn more about marine planning and get involved, please visit: www.marineorganisation.org.uk marineplanning

SEASHORE AND PROMENADE BYELAWS

In 2011, byelaws made under section 82 of the Public Health Acts Amendment Act 1907 by East Riding of Yorkshire Council for the prevention of danger, obstruction, or annoyance to persons using the seashore or promenade were brought into effect. These byelaws are not designed to limit the use or enjoyment of the seashore or promenade but to help manage activities taking place so as not to cause disruption, annoyance or danger to the public.

A full list of both the seashore and promenade byelaws, as well as the dog control orders can be found on East Riding of Yorkshire Council’s website: www.eastriding.gov.uk
Fraisthorpe Beach Power Kiting Zone

In case of emergency dial 999 or (112 from a mobile) and ask for the Coastguard

Fraisthorpe Beach

• This area is used for various Power Kiting Activities.
• Please follow the Power Kiting Code of Conduct.
• This code of conduct was drawn up by the kiting community in partnership with East Riding of Yorkshire Council.
• If you are seen to break this code of conduct you may be asked to leave the beach by a council officer and this may lead to prosecution.

Power Kiting Code of Conduct

• Riders on land and water must hold third party insurance to the value of £5,000,000.
• It is obligatory to wear a helmet during wheel based activities and it is advised for all other kite based sports.
• Be sure you can handle the prevailing weather conditions – if in doubt do not go out.
• Only fly power kites within the designated Power Kite Zone.
• Always be prepared to assist fellow kiters who are launching and landing kites.
• Always use an effective kite safety leashing system.
• Wrap your lines when not in use and secure kite properly.
• Keep a reasonable distance between you and your fellow kiters, be aware of their location and seek to avoid collisions.
• If a head on collision with another kiter is imminent both kiters should, where possible, turn to the right to avoid each other.
• Never tether yourself to a fixed object prior to flying a power kite.
• If you fly alone, let someone know you are out and what time you will be expected back.

Specific Location Risks

• Beware of other beach and water users at all times and show them due consideration.
• Give way to pedestrians and all other water users.
• Do not fly near horses.
• Land your kite when helicopters are on the beach.
• Beware of obstacles on the beach, for example, pill-boxes, tractors, other vehicles and pedestrians.
• Survey your flying area prior to usage.

Public Information

• Please keep clear of kite flyers.
• Beware kite lines – do not touch.
• Always stand upwind of kite flyers who are on land.
• Please keep your horse/dog under control in the Power Kiting Zone at all times.

• If you lose your kite or board whilst on the water, always report it to the coastguard.
• Do not leave kite stakes stuck in the beach.
• Kitesurfers must be aware of the navigation laws, and kitebuggiers should be aware of relevant sections of the PFA/FISLY guidance.

For more information on Kitesports visit kitesurfing.org or parkartassociation.co.uk
The Nature Triangle in eastern Yorkshire is well known among local naturalists for its rich fauna and flora, but a hidden secret for a wider audience increasingly keen to see British wildlife with its fascinating animals and plants of lowland UK and the rich seas that surround it.

There are some great places to see wildlife in the Yorkshire Nature Triangle at all times of year; remember that although you can’t beat the variety and colour of our wildlife in spring and summer, autumn and winter are often the best times to see our most spectacular and elusive mammals and visiting birds. Many species are struggling to cope with the pressures imposed by man’s activities, not least climate change. But many, like the otter, peregrine and gannet, are also recovering, thanks to increasing concern for the environment, and stricter legislation on conservation, pesticides and pollution.

www.yorkshirenaturetriangle.com

THE LIVING SEAS CENTRE

Yorkshire Wildlife Trust are currently developing The Living Seas Centre at South Landing Flamborough, their first dedicated marine education centre. This exciting new venture will host a wealth of information about the fascinating marine wildlife to be found off the Yorkshire coast and the wider North Sea. Here you will be able to learn how the upwelling of the Flamborough Front supports such a huge variety of life, watch locally shot video of underwater kelp forest and chalk reef, embark on a Storyboard Trail and find out how we can all do our bit for marine wildlife. Exciting events will be held year round while an innovative schools education programme will also be on offer.

For opening hours and events listings, please visit www.ywt.org.uk. South Sea Road, South Landing, Flamborough, Bridlington, YO15 1AE

BEACH GUARDIANSHIP

20,000 tonnes of marine litter is dumped into the North Sea very year but only 15% of that washes up onto the coast. The remainder stays at sea and affects marine wildlife in a variety of ways. Globally 1 million birds and 100,000 marine mammals and sea turtles die each year from ingestion of, or entanglement in, marine litter; it also affects food chains by breaking down in the water column; ultimately ending up in us through consumption of seafood!

Become a Yorkshire Wildlife Trust Waves of Waste coordinator join an existing beach clean in your area. Get involved and help us to:

• Record and remove the marine litter on Yorkshire’s coast
• Raise awareness and spread the words to others
• Encourage the prevention of plastic pollution at source
• Have fun, meet others and get the most from your coast!
WITHERNSEA LEISURE CENTRE

The Pavilion Leisure Centre in Withernsea is the focal point of the community and offers a wide range of activities and facilities for the local community and tourism in Withernsea and the surrounding areas.

The newly refurbished site comprises of a large leisure pool, which incorporates a giant 70m waterslide (operates at peak times), a three court sports hall, cafeteria, squash courts, state of the art Tone Zone gym, conference rooms, crèche and much more.

Tel: (01964) 614000
www.withernseapavilionleisurecentre.co.uk

We offer activities to suit all ages including walking the way to health scheme, children’s parties such as soft play, bouncy castle, private pool parties, fun and games, healthy lifestyles, weight management, children’s fun swim sessions, healthy options in our café.

All of the activities can be accessed on a pay and play basis, but if you are a regular user or a large group/family we offer large discounts.

WITHERNSEA PLAY PARK

The £700,000 Millennium Green and Children’s Play Park located off Station Road. Withernsea were officially opened in 2010.

The project has been funded through the Department for Children, Schools and Families under the Play Pathfinder Scheme.

The park boasts various equipment for children such as swings, slides and climbing apparatus along with other facilities, including a changing room and toilet. Young people will also be able to take part in making crafts, playing energetic games, playing in the sand pit, or helping to grow vegetables.

Children are free to come and go, although under eights need adult supervision.

HORNSEA LEISURE CENTRE

The Hornsea Leisure Centre has a wide range of activities available. At the heart of every leisure centre is a swimming pool, in this case a great deck level 25m, four lane pool, with an attached learner swimming pool, which offers easy access for the disabled.

The café overlooking the pool caters for all ages and needs, offering a wide range of healthy food and drink. The Tone Zone is equipped with a wide range of cardiovascular, machine weight and free weight equipment, and in total 32 pieces of exercise machinery. You also have the option to enjoy the Caribbean Club, offering relaxing sauna and steam rooms.

The four court sports hall offers a wide range of team and individual activities and also available are two glass-backed squash courts with a spectator area.

Tel: (01964) 533366
www.hornsealeisurecentre.co.uk

BRIDLINGTON LEISURE WORLD

Bridlington Leisure World is one of the East Riding’s premier leisure attractions boasting three pools, including a fun pool with waves, slides, rain storm effect and water features, a 25m training pool and a learner pool.

The complex also includes catering facilities, a multi-purpose hall, tone zone fitness studio, which has magnificent panoramic views over Bridlington Bay. This boasts the latest cardiovascular and resistance equipment and the Caribbean Club with sauna, steam room and relaxing area.

The ‘Après’ swim and spectator experience is very much an integral part of the total leisure experience and this is reflected in the East Riding provision of catering and viewing facilities.

Tel: (01262) 606715
www.bridlingtonleisureworld.co.uk
**THE SPA BRIDLINGTON**

The Spa Bridlington is the East Coast’s finest entertainment venue, attracting visitors from throughout the UK. From concerts to dramas, sports, exhibitions and variety shows, The Spa definitely has something for everyone.

Originally built in 1907, this iconic building has recently undergone a £21.5m refurbishment providing modern facilities and a contemporary edge complementing its original heritage.

The Spa is also available to hire for any event. Whether it’s a meeting, conference, exhibition, training, wedding, or private function you can take advantage of state-of-the-art facilities, bespoke hospitality and an excellent event management service.

Tel: (01262) 401400
www.thespabridlington.com

**SEWERBY HALL AND GARDENS**

Sewerby Hall and Gardens is situated in a dramatic cliff top location, north of Bridlington, with stunning views of the Bay and the heritage coast.

The grade I listed country house is set in 50 acres of landscaped gardens which includes a walled garden, pleasure garden and rose garden. Also situated in the grounds are the scenic golf course and putting green as well as the Sewerby Zoo, in which you can find a variety of domestic and wild animals from various countries including the ever popular Humboldt Penguins.

Inside Sewerby Hall you can find numerous galleries and exhibitions including the Amy Johnson room and adjacent to the hall stands the award winning Clock Tower Tea Rooms.

Tel: (01262) 673769
www.eastriding.gov.uk/sewerby

**SOUTH CLIFF CARAVAN PARK**

South Cliff Caravan Park is a scenic coastal site set in beautifully landscaped grounds, providing excellent touring and camping pitches or holiday home hire. These are all within walking distance of the lively and picturesque Yorkshire coast resort of Bridlington.

A popular, relaxing, friendly and non-stop fun park, easily reached from the North or South, with an award-winning beach only metres from the park; South Cliff Caravan Park is a favourite for families and couples.

Whether it’s buckets and spades, walking shoes for leisurely walks along the wonderful Yorkshire Coastline, or play all day on the multi-sport recreation area for kids with unlimited energy.

Tel: (01262) 671051
www.southcliff.co.uk

**LANDTRAIN/CHALETS/DECKCHAIRS**

A number of chalets are available for hire in Bridlington, by the day or week, at both North and South locations throughout the year. To book a chalet either visit the foreshores office on the Princess Mary Promenade in Bridlington or alternatively by telephone on (01262) 678255.

Deckchairs and windbreaks are available for hire at Bridlington, subject to weather, at both the North and South Bridlington foreshore offices, which are well signposted on the seafront.

Three Land trains operate along the promenades linking Leisure World and Sewerby Hall on the North side and the Bridlington Park and Ride and The Spa Bridlington on the South side.

Further information can be obtained via the foreshores office.
Between the sun rising out of the North Sea and setting spectacularly over the Mere lies the picturesque town of Hornsea offering all the pleasures of a seaside resort whilst providing a convenient base for visiting other interesting places in the East Riding of Yorkshire.

At the Eastern edge of the town lies the sea, with over a mile of promenade and fine sandy beaches. To the north of the promenade lies the Floral Hall, an entertainment centre which stages festivals, pantomimes, musicals, plays, concerts, discos and dances throughout the year. The southern end of the promenade features an array of amusement arcades with novelty machines and children’s rides.

www.hornsea.gov.uk

If you have any enquiries about a service provided by East Riding of Yorkshire Council and English is not your first language, the council provide help with translation. To use this facility please telephone (01482) 393939.